

MAKING THE MOST OF YOUR TIME WITH PROFESSIONALS

WHEN TO USE THIS TOOL

You would use this tool when having a conversation with professionals. Sometimes we need to know what we are allowed to ask and what we can ask to get the answers we need.

HOW TO USE THIS TOOL

Use the questions below as prompts for finding out the information you need.

What alternative options are available to help support me at home?

Can the person I am caring for stay at home?

What if I can't cope?

Is faith important to you?
Say if it is.

Who can I call when they become seriously ill?
Or if they die?

What happens next?

How do I/ should we plan?

What should we both be thinking about?

Who will be there to support us?

Who can I call?

What is available?

If you have had previous care conversations, explain your wishes / goals

Do you have any additional materials I could read, i.e. leaflet?

Repeat back your understanding about what you have already been told

Explain how you understand/ process information e.g. ask for written information, a meeting to follow up in x amount of days, explain any language barriers, hearing or vision problems.

What can I expect when my loved one is in their last days/ weeks of their life?

- Useful numbers?
- Service provision - what will it look like now?
Description of service
- How are things going to change?
E.g. relationship with hospital