



HOW SERIOUS IS IT?

CARER toolkit

WHEN TO USE THIS TOOL

It is sometimes hard to feel clear about how severe a person's condition is. Professionals sometimes do not share this explicitly as they worry that they might share more than the patient can currently cope with. This tool can be used to help you get the answers you want to hear but can also make sure you don't hear them before you are ready.

HOW TO USE THIS TOOL

1

Say to your loved one: "I am going to talk to the doctor now because I am worried about you. Are there any questions I can ask the doctor on your behalf?"

2

You can use the table below to choose your questions. You ask the questions in the red section only if you are ready to hear the worst. If you do not ask the questions in red, then you may not be told how serious the condition really is.



You have said that the condition of the person that I am caring for has got worse. What does this mean?

Who can I contact if their condition



The person I am caring for has stopped eating, what can I do?

I am not clear about what medication to give, can you help me with this?



Is the person I am caring for dying?

How long have they got?