



CRITERIA FOR BECOMING A COACH

It is important to establish that ex-caregivers who wish to become coaches have the capacity to learn the skills of coaching and build relationships and regulate their own emotions. Because of this we propose that before embarking on training the coordinator needs to establish through interview and personal references that the ex-caregiver meets the following criteria:



After training the ex-caregiver must feel they have the ability to:



In general, the best coaches for caregivers pride themselves in the following values. They are:

